

Elmhurst Vanilla Cashew Milk
Unsweetened

Nutrition Facts

4 servings per container

Serving size 8 fl oz (240ml)

Amount Per Serving

Calories 130

% Daily Value*

Total Fat 10g 12%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 95mg 4%

Total Carbohydrate 7g 2%

Dietary Fiber 0g 0%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 4g

Vitamin D 0.1mcg 0%

Calcium 10mg 0%

Iron 1.2mg 6%

Potassium 160mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.